

# denny waxman

World-Renowned Macrobiotic Counselor, Author & Speaker

## 1. What Is 9 ki?

9 ki is a way of understanding and interpreting nature's cycles. Although it is based on observations of celestial cycles over thousands of years, 9 ki is not so much a form of astrology as it is a precise science. Like acupuncture, 9 ki can not be easily explained, but we know that it works.

There are three distinct areas in 9 ki:

When to do something

Where to do something- in what direction

Who we are and how we relate to and communicate with each other

My personal experience of 9 ki is that it is unique and comprehensive in its understanding of all aspects of life- career, family relationships, even the food we eat. It is part of a unified life's philosophy.

Sometimes people feel skeptical of or intimidated by 9 ki. This is understandable, because in modern life, we expect nature to adapt to us. However, 9 ki is based on us adapting to nature's cycles. Because of this difference between modern expectations and natural expectations, it is understandable that 9 ki might make some people uncomfortable at first. If you feel this way, you might try reading through this section. You are more than welcome to call me with any questions you might have about 9 ki.

## 2. What Can 9 Ki Do for Me?

9 ki gives you insight into your basic nature, strengths and weaknesses, and your tendencies. Using 9 ki will enable you to achieve a greater understanding of yourself, others around you, and how you relate to others.

9 ki will help you to make the best decisions at the best time. In agriculture, there is a best time to sow seeds for a bountiful harvest. In 9 ki, there is also a best time to begin a new relationship, business venture, or project. Whether you are sowing seeds or making an important decision, there is always an best time to do so in order to get optimal results.

## 3. How Can 9 Ki Help Me In Specific Areas of My Life?

Business: 9 ki follow's natures cycles. There are times when things grow quickly and there are times when things grow slowly or stagnate. The same works with business. If we know when a period of quick growth followed by steady growth is coming, we can prepare in advance.

9 ki is helpful for knowing when to start or expand a business. For example, I had a company that needed an investor when I was living in Portugal during the 90's. My 9 ki teacher, Takashi Yoshikawa, told me that the timing was bad to take investors, but we did so anyway. This was

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the beginning of the end for the business. It would have been much better to wait until the following year to take investors.

We act on things, thinking its okay, not realizing that the effects come later. For example, if we move in a certain direction at a certain time, everything might seem fine, but negative effects might be felt five years later.

In family life: 9 ki is very useful for family planning. If a woman is having difficulty getting pregnant, 9 ki can help her find the optimal time to do so, so that she is successful. Because having a child is a big change, 9 ki can help two partners find the best time for each of them to become parents.

9 ki is also helpful for understanding the nature of children. Some children need more structure and discipline whereas others have a natural sense of those things. Parents and children can benefit from 9 ki because it will help them understand how to reach their full potential. For example, this child needs to learn how to communicate more openly, but this one needs to learn how to be more realistic, etc.

Outside of business and family, 9 ki is extremely useful for deciding when to improve your health, when to start a relationship, or when to start a move, to name just a few more examples.

## 4. Why Have You Started Doing More 9 Ki Counseling?

I had the good fortune to meet and study personally with Takashi Yoshikawa. Since his passing, the depth of what he taught has become more apparent and I have come to have a new respect for it. Now the time has come to share this in a much bigger way with other people. Mr. Yoshikawa taught timing and movement together with pairing and combinations of people and timing. The same time is not suitable for everyone to do everything. The depth and importance of this is becoming more important and more apparent to me.

## 5. What Can I Expect During a 9 Ki Consultation?

Before the consultation, I will ask you to send me your birth information, the birth information for those who are important in your life, as well as the places you have lived in the past nine years. I also want to know your main area of interest for the consultation (business? relationship? health?).

Before we meet, I will have made the preparations needed to guide you in your area of interest. During our meeting, I will go through my interpretations with you. You are more than welcome to ask questions. I will record the session for you, so that you may go back and listen, but you are also encouraged to take notes during our session.